

# BOISE PARKS AND RECREATION AdVenture

NEWSLETTER

JULY & AUGUST 2018

 [Facebook.com/BPRAdVentureProgram](https://www.facebook.com/BPRAdVentureProgram)

[Parks.CityOfBoise.org/AdVenture](https://www.Parks.CityOfBoise.org/AdVenture)



This fun day-camp is for participants with disabilities age 14-21. Activities will include field trips, art projects, swimming and other great programs! The staff to participant ratio will be 1:5. Participants will work on money management and will need to bring approximately \$10 per week for field trips. A detailed schedule with daily activity costs will be sent to participants. Participants MUST register one week prior to their start date.

**Location:** Whitney Community Center

**Time:** 9 a.m.-3 p.m.

**Cost:** \$72 (scholarships are available)

<b>Dates (Monday-Friday):</b> .....	<b>Activity #:</b>
July 9-13 .....	400800-06
July 16-20 .....	400800-07
July 23-27 .....	400800-08

<b>Dates (Monday-Friday):</b> .....	<b>Activity #:</b>
July 30-August 3 .....	400800-09
August 6-10.....	400800-10

\*Camp starts at 9 a.m. but a staff will be at the Community Center at 8:30 a.m. for those who need to arrive early.



## DANCE ABILITY CLASSES

During this fun class we will explore various styles of dancing, rhythm and music. Students will learn to increase their strength, flexibility and coordination through dance.

### DANCE ABILITY (ages 15+)

**Location:** Fort Boise Community Center

**Cost:** \$25.75

<b>Dates (Wednesdays):</b>	<b>Times:</b>	<b>Activity #:</b>
July 11- Aug. 15	3-4 p.m.	400538-03
July 11- Aug. 15	4:15-5:15 p.m.	400538-04

### YOUTH DANCE ABILITY (ages 8-14)

**Location:** Dick Eardley Senior Center

**Cost:** \$25.75

<b>Dates (Tuesdays):</b>	<b>Times:</b>	<b>Activity #:</b>
July 10- Aug. 14	4-5 p.m.	400541-02

## ADAPTIVE MUSIC CLASS



Learn about music in this fun, hands on class. Students will have the opportunity to play a variety of percussion instruments, drums, sing and more. This activity is for participants age 12 and older.

**Location:** Dick Eardley Senior Center  
**Cost:** \$25.75

Dates (Thursdays):	Times:	Activity #:
July 12-Aug. 16	5-6 p.m.	400764-01
July 12-Aug. 16	6:15-7:15 p.m.	400764-02

## ADAPTIVE SWIMMING LESSONS

Develop your swimming and water safety awareness. Previous swimming experience is not necessary. Two instructors and a lifeguard are on duty at all times (lessons are under close supervision but are not 1:1). An aquatic lift is available at the pool. This activity is for participants age 5 and older.

**Location:** Borah Pool, 801 Aurora Dr., Boise  
**Cost:** \$35

Dates (Tues./Thur.):	Times:	Activity #:
July 17, 19, 24 & 26	5:30-6:15 p.m.	406106-B1

## ADAPTIVE YOGA

Yoga helps to improve flexibility, strength, balance and provides an opportunity to work on body awareness and the ability to relax. Our instructor is great at adapting the yoga poses for people of all abilities. This activity is for participants age 15 and older.

**Location:** Dick Eardley Senior Center  
**Cost:** \$21.60

Dates (Mondays):	Times:	Cost:	Activity #:
July 9-Aug. 13	4:15-5:15 p.m.	\$25.75	400753-03
July 9-Aug. 13	5:30-6:30 p.m.	\$25.75	400753-04

## ADAPTIVE TUBING

Enjoy the summer weather at Lucky Peak, riding behind a boat on an inflatable tube. **For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to tubing.** Participants will take turns tubing and may be on the boat for up to an hour. By volunteer request, this program is for individuals with disabilities age 14 and older.

**Location:** Lucky Peak Reservoir, Barclay Bay boat launch  
**Cost:** \$11

Dates:	Times:	Activity #:
Wed., July 11	5-6:30 p.m.	400160-01
Wed., July 11	6:30-8 p.m.	400160-02
Wed., July 18	5-6:30 p.m.	400160-03
Wed., July 25	5-6:30 p.m.	400160-04
Wed., August 1	5-6:30 p.m.	400160-05
Wed., August 1	6:30-8 p.m.	400160-06

## SNAKE RIVER STAMPEDE RODEO

Watch the action at the indoor Snake River Stampede Rodeo! We will also go out to eat before the rodeo. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center  
**Cost:** \$30

Dates:	Time:	Activity #:
Thursday, July 19	4-9:45 p.m.	400305-01
Saturday, July 21	9:45 a.m.-3:30 p.m.	400305-02

## CALDWELL NIGHT RODEO

Watch the action at the outdoor Caldwell Night Rodeo! Before the rodeo we will go out to eat. This activity is for participants ages 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center  
**Cost:** \$30

Date:	Time:	Activity #:
Tuesday, August 14	4:30-9:45 p.m.	400306-01

## ARCADE & DINNER

During this fun evening we will go to the Wahooz Arcade where each participant will get a \$5 game card. After playing at the arcade we will go out to dinner. This program is for participants age 16 and older, unless accompanied by an adult.

**Location:** Fort Boise Community Center  
**Cost:** \$25

Date:	Time:	Activity #:
Tuesday, July 24	4:30-7 p.m.	400536-01

## BOWLING & DINNER

Get ready to eat dinner and bowl the evening away! The cost of this activity includes the transportation from the Community Center, dinner and bowling. This activity is for participants age 16 and older unless accompanied by an adult.

**Location:** Fort Boise Community Center  
**Cost:** \$25

Date:	Times:	Activity #:
Friday, July 13	5-9 p.m.	400722-02

## CONCERT IN THE GARDEN & DINNER

Listen to live music and explore the beautiful Idaho Botanical Gardens. While listening to music, we will socialize and eat dinner at the gardens. This activity is for participants age 18 and older who are able to stay with the group.

**Location:** Fort Boise Community Center  
**Cost:** \$30

Date:	Time:	Activity #:
Thursday, August 16	5:15-9:15 p.m.	400202-01

## FINANCIAL SCHOLARSHIPS

Boise Parks & Recreation offers percentage based financial scholarship to qualified youth and adults with disabilities. To find out if you qualify for a scholarship, apply in advance at Fort Boise Community Center or download the form at [parks.cityofboise.org/AdVenture](http://parks.cityofboise.org/AdVenture).

Please call 208-608-7680 for more information. Donations to this program are also welcome!

## ADAPTIVE ICE SKATING

Students with disabilities will receive instruction based upon their individual needs and goals. Some adaptive equipment is available for use at no extra cost. Contact Jackie Woodland at Idaho IceWorld at 208-608-7718 for more information.

## DANCING & DESSERT

Dance the night away with AdVenture at the summer dance hosted by the Arc Inc. Before the dance we will socialize over a yummy dessert. This activity is for participants age 18 and older.

**Location:** Fort Boise Community Center  
**Cost:** \$16

Date:	Time:	Activity #:
Friday, July 27	5:30-9:30 p.m.	400710-01

## DINNER & A MOVIE

Catch dinner and a movie on these fun Friday evening outings! At dinner, we will pick a movie (rated G to PG-13) to watch as a group. The cost includes transportation from the Community Center to activities and back, dinner and the movie. For participants age 18 and older.

**Location:** Fort Boise Community Center  
**Cost:** \$21/night  
**Time:** 5-9:30 p.m.

Dates (Fridays):	Restaurant:	Activity #:
July 6	Eddie's Restaurant	400203-05
August 3	Baja Fresh	400203-06
August 10	Golden Star	400203-07
August 24	Big Jud's	400203-08
September 7	Elmer's	400203-09

## DISC GOLF & PICNIC

Join us for a BBQ dinner and then learn to play disc golf. This activity is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Ann Morrison Park  
**Cost:** \$9.25

Date:	Time:	Activity #:
Thursday, August 23	5:30-7:30 p.m.	400741-01



## BASEBALL GAME & DINNER

Go Hawks! The cost of this outing includes dinner before the game, your ticket and transportation from the Community Center to the game and back. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center  
**Cost:** \$25

Dates:	Time:	Activity #:
Thursday, July 12	5-10 p.m.	400307-02
Thursday, August 9	5-10 p.m.	400307-03
Wednesday, August 29	5-10 p.m.	400307-04



# ADAPTIVE CYCLING WITH ADVENTURE



Join us for a group cycle ride along the beautiful Greenbelt. Bring your own bike or use one of our adaptive hand cycles, adult tricycles, recumbent tricycles, or tandem bikes (call Sonya at 208-608-7681 for bike availability and reservations). These rides are designed as supervised group rides and are not a bike riding lessons; however proper trail manners and safety will be addressed. Participants must be able to follow directions and stay with the group or attend with someone who can assist. These rides are for participants age 16 and older unless accompanied by an adult.

## ADAPTIVE BIKE RIDE

Join us for an hour-long group cycle ride along the beautiful Boise Greenbelt.

**Location:** Kristin Armstrong Municipal Park

**Cost:** \$6

Dates:	Times:	Activity #:
Wednesday, August 22	5:30-7 p.m.	400737-07
Tuesday, August 28	5:30-7 p.m.	400737-08

## ADAPTIVE BIKE RIDE & PICNIC

After our hour long Greenbelt ride we will have a picnic meal in the park.

**Location:** Marianne Williams Park

**Cost:** \$13.25

Date:	Times:	Activity #:
Saturday, August 18	9:30 a.m.-12 p.m.	400738-02

## IDAHO FAIR & DINNER

Join us for a fun evening at the Western Idaho Fair! We check out the animals, art exhibits and more (we will not ride carnival rides). We will go out to dinner before visiting the fair. For safety, participants must be able to stay with the group or come with someone who can assist. This activity is for participants age 18 and older.

**Location:** Fort Boise Community Center

**Cost:** \$35

Date:	Time:	Activity #:
Thursday, August 21	5-9 p.m.	400748-01

## MERIDIAN SPEEDWAY & DINNER

Cheer on the drivers as they race at the outdoor Meridian Speedway! This fun activity will include dinner. Please note, this is a loud activity, ear plugs will be provided, but this activity may not be ideal for those who are sensitive to loud sounds. This activity is for participants age 16 and older unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$30

Dates (Saturdays):	Time:	Activity #:
August 25	4:30-10 p.m.	400572-02
September 15	4:30-10 p.m.	400572-03

## MINI GOLF & DINNER



During this fun evening we will play mini golf and enjoy dinner together. This activity is for participants age 16 and older unless accompanied by an adult.

**Location:** Fort Boise Community Center

**Cost:** \$25

Date:	Time:	Activity #:
Friday, August 17	5-8:30 p.m.	400720-02

## PETTING ZOO & LUNCH

Join us for a fun Saturday checking out all of the animals at Babby Farms petting zoo. After visiting the farm, we will go out to lunch. This program is for participants age 16 and older, unless accompanied by an enrolled adult.

**Location:** Fort Boise Community Center

**Cost:** \$32

Date:	Time:	Activity #:
Saturday, September 8	9 a.m.-3 p.m.	400563-01

## THEATER & DINNER

Watch the youth play "Stalwart – A Brother's Story" at the Boise Little Theater. Before the play we will go out to dinner. This activity is for participants age 18 and older, who can sit quietly through a two-hour play.

**Location:** Fort Boise Community Center

**Cost:** \$34

Date:	Time:	Activity #:
Friday, July 20	5-9:45 p.m.	400303-02

## SOCIAL CLUBS

These clubs are ideal social opportunities for adults with intellectual disabilities. Outings include bowling, dinner and a movie, sporting events and more! The staff to participant ratio will be 1:5. Members of the club will have the opportunity to work on money management and will need to bring \$2-\$7 for each outing to cover activity costs. Prior to the start of the club, a detailed schedule and fee break down will be available. Register early, these clubs fill up fast!

**Cost:** \$70

### Wednesday Social Club (ages 18+)

**Location:** Morley Nelson Community Center

**Time:** 6-8:30 p.m.

Dates:	Activity #:
Wednesdays, July 11-August 22	400320-02

### Thursday Social Club (ages 18+)

**Location:** Whitney Community Center

**Time:** 6-8:30 p.m.

Dates:	Activity #:
Thursdays, July 12-August 23	400300-02

### Friday Social Club (ages 18+)

**Location:** Fort Boise Community Center

**Time:** 7-9:30 p.m.

Dates:	Activity #:
Fridays, July 13-August 24	400310-02

# JULY 2018

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2 <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC	3 <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	4 <b>Fourth of July</b>	5	6 <b>Dinner and a Movie</b> 5-9:30 p.m. FBCC	7	
8	9 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	10 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dance/Music Class</b> Full Trip <b>Rafting Main - Full Trip</b> <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	11 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Waterskiing</b> 4:45-8 p.m. Lucky Peak <b>Adaptive Tubing</b> 5-6:30 p.m. Lucky Peak 6:30-8 p.m. Lucky Peak <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	12 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Hawks Baseball &amp; Dinner</b> 5-10 p.m. FBCC <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	13 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Adv Seeker Rafting</b> 9 a.m.-7 p.m. FBCC <b>Bowling &amp; Dinner</b> 5-9 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	14 <b>Goalball SWEP</b> Full Trip <b>Garden &amp; Art Class</b> 9-11:30 a.m. FBCC	
15	16 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>AdVenture Art</b> 4:15-5:30 p.m. FBCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	17 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Wilderness Fly-In</b> Depart 7:45 a.m. JJC <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Adaptive Swim Lessons</b> 5:30-6 p.m. Borah Pool <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	18 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Wilderness Fly-In</b> <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Waterskiing</b> 4:45-8 p.m. Lucky Peak <b>Adaptive Tubing</b> 5-6:30 p.m. Lucky Peak <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	19 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Wilderness Fly-In</b> Return at Mid-day <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Snake River Rodeo</b> 4-9:45 p.m. FBCC <b>Adaptive Swim Lessons</b> 5:30-6 p.m. Borah Pool <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	20 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Rafting Boise River</b> 10 a.m.-3 p.m. FBCC <b>Theater &amp; Dinner</b> 5-9:45 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	21 <b>Snake River Rodeo</b> 9:45 a.m.-3:30 p.m. FBCC	
22	23 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	24 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Rafting Main</b> 9 a.m.-5 p.m. FBCC <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Adaptive Swim Lessons</b> 5:30-6 p.m. Borah Pool <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	25 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Waterskiing</b> 4:45-8 p.m. Lucky Peak <b>Adaptive Tubing</b> 5-6:30 p.m. Lucky Peak <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	26 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Adaptive Swim Lessons</b> 5:30-6 p.m. Borah Pool <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	27 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dancing &amp; Dessert</b> 5:30-9:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	28 <b>Rafting Cabarton - Full Trip</b> <b>Garden &amp; Art Class</b> 9-11:30 a.m. FBCC	
29	30 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	31 <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Tent Camping Trip</b> 9 a.m. FBCC <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	<div style="border: 1px solid green; padding: 10px;"> <p><b>ABBREVIATION KEY &amp; ADDRESSES</b>            BSU SUB – Boise State University Student Union Building, 1910 University Dr.            DESC - Dick Eardley Senior Center, 690 Robbins Rd.            FBCC – Fort Boise Community Center, 700 Robbins Rd.            Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.            MNCC – Morley Nelson Community Center, 7701 W. Northview St.            WCC – Whitney Community Center, 1609 S. Owyhee St.</p> </div>				



**PARKS AND RECREATION**

## ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik or Sonya Buchholz  
208-608-7680, TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org  
Parks.CityOfBoise.org/AdVenture

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at parks.cityofboise.org/adventure

# AUGUST 2018

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SU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Tent Camping Trip</b> <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Adaptive Waterskiing</b> 4:45-8 p.m. Lucky Peak <b>Adaptive Tubing</b> 5-6:30 p.m. Lucky Peak 6:30-8 p.m. Lucky Peak <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>2</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Tent Camping Trip</b> Returns 3:30 p.m. FBCC <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Hawks Baseball &amp; Dinner</b> 5-10 p.m. FBCC <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>3</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>4</b>
5	<b>6</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>7</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Rafting Boise River</b> 10 a.m.-3 p.m. FBCC <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	<b>8</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Paddle Sports &amp; Picnic</b> 9:30-2 p.m. FBCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>9</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Rafting Cabarton - Full Trip</b> <b>Hawks Baseball &amp; Dinner</b> 5-10 p.m. FBCC <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>10</b> <b>AdVenture Camp</b> 9 a.m.-3 p.m. WCC <b>Dinner &amp; Movie</b> 5-9:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>11</b>
12	<b>13</b> <b>Adaptive Yoga</b> 4:15-5:15 p.m. DESC 5:30-6:30 p.m. DESC	<b>14</b> <b>Youth Dance Ability</b> 4-5 p.m. FBCC <b>Caldwell Rodeo</b> 4:30-9:45 p.m. FBCC <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	<b>15</b> <b>Rafting Cabarton</b> 9 a.m.-7 p.m. FBCC <b>Dance Ability</b> 3-4 p.m. FBCC 4:15-5:15 p.m. FBCC <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC	<b>16</b> <b>AdVenture Music</b> 5-6 p.m. DESC 6:15-7:15 p.m. DESC <b>Concert &amp; Dinner</b> 5:15-9:15 p.m. FBCC <b>Wheelchair Rugby League</b> 6-8:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>17</b> <b>Mini Golf &amp; Dinner</b> 5-8:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>18</b> <b>Adaptive Bike Ride &amp; Picnic</b> 9:30 a.m.-12 p.m. Marianne Williams Park
19	<b>20</b> <b>Fall Registration Opens</b> Boise City Residents	<b>21</b> <b>Bike Ride - Full Trip</b> <b>Idaho Fair &amp; Dinner</b> 5-9 p.m. FBCC <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC <b>Bowling Club</b> 7-8:30 p.m. BSU SUB	<b>22</b> <b>Adaptive Bike Ride</b> 5:30-7 p.m. Municipal <b>Wednesday Social Club</b> 6-8:30 p.m. MNCC <b>Fall Registration Opens</b> Non-Residents	<b>23</b> <b>Rafting Cabarton</b> 9 a.m.-7 p.m. FBCC <b>Disc Golf &amp; Picnic</b> 5:30-7:30 p.m. FBCC <b>Thursday Social Club</b> 6-8:30 p.m. WCC	<b>24</b> <b>Dinner and a Movie</b> 5-9:30 p.m. FBCC <b>Friday Social Club</b> 7-9:30 p.m. FBCC	<b>25</b> <b>Meridian Speedway &amp; Dinner</b> 4:30 a.m.-10 p.m. FBCC
26	<b>27</b>	<b>28</b> <b>Adaptive Bike Ride</b> 5:30-7 p.m. Municipal <b>Wheelchair Rugby</b> 6-8:30 p.m. FBCC	<b>29</b> <b>Hawks Baseball &amp; Dinner</b> 5-10 p.m. FBCC	<b>30</b>	<b>31</b>	

## ABBREVIATION KEY & ADDRESSES

BSU SUB – Boise State University Student Union Building, 1910 University Dr.

DESC - Dick Eardley Senior Center, 690 Robbins Rd.

FBCC – Fort Boise Community Center, 700 Robbins Rd.

Municipal – Kristin Armstrong Municipal Park, 500 S. Walnut St.

MNCC – Morley Nelson Community Center, 7701 W. Northview St.

WCC – Whitney Community Center, 1609 S. Owyhee St.

## ADAPTIVE RECREATION/ADVENTURE

Emily Kovarik or Sonya Buchholz

208-608-7680, TDD/TTY 800-377-3529

AdVentureProgram@cityofboise.org

Parks.CityOfBoise.org/AdVenture

To register for an activity, please call 208-608-7680 or come to Fort Boise Community Center, 700 Robbins Rd., Boise, Idaho 83702. Register online at [parks.cityofboise.org/adventure](http://parks.cityofboise.org/adventure)



PARKS AND RECREATION



# WHITewater RAFTING



Our adapted rafting program provides the opportunity for individuals with disabilities and one friend/family member to take part in a whitewater rafting adventure. **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** Participants will get the full rafting experience and may be asked to help with some of the work of the trip such as loading equipment. All rafting trips are led by Boise Parks & Recreation's Adaptive Recreation Coordinator and include volunteer support, rafting equipment, lunch and transportation from Fort Boise Community Center to the river and back. The float time is usually 2-3 hours on class II-III rapids. Return times may vary due to river conditions and trip accommodations.

Youth ages 12-17 may enroll but must be accompanied by an enrolled adult. This program is designed for individuals with disabilities who may also sign up one care provider/family member/friend who does not have a disability (each person must pay).

**Meeting Location:** Fort Boise Community Center

**MAIN-PAYETTE RIVER Cost: \$25**

Dates:	Time:	Activity #:
Tuesday, July 24	9 a.m.-5 p.m.	400130-03

**CABARTON-PAYETTE RIVER Cost: \$32**

Dates:	Time:	Activity #:
Wednesday, Aug. 15	9 a.m.-7 p.m.	400140-01
Thursday, Aug. 23	9 a.m.-7 p.m.	400140-02

# BOISE RIVER RAFTING



The Boise River provides an ideal trip for first time rafters and those wanting a mellow rafting experience. If you are looking for a leisurely float with beautiful scenery and a picnic, this is the trip for you! **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** The cost includes a fun river trip, safety equipment, lunch and transportation to and from the river and Fort Boise Community Center.

Youth ages 12-17 may enroll but must be accompanied by an enrolled adult. This program is designed for individuals with disabilities who may also sign up one care provider/family member/friend who does not have a disability (each person must pay).

**Meeting Location:** Fort Boise Community Center  
**Cost:** \$15

Dates:	Time:	Activity #:
Friday, July 20	10 a.m.-3 p.m.	400150-01
Tuesday, Aug. 7	10 a.m.-3 p.m.	400150-02



## Friday Night Flag Football

Adaptive Flag football for youth and teens with disabilities.

Learn more at [www.fridaynightflag.com](http://www.fridaynightflag.com) or e-mail [gabemoreno@u.boisestate.edu](mailto:gabemoreno@u.boisestate.edu).

## PADDLE SPORTS & PICNIC

Cool off and try your hand at a few paddle sports at Quinn's Pond. Participants will have the opportunity to try paddling inflatable kayaks, canoes and stand up paddle boards. **For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to boating.** We will also have a picnic lunch at the park. This activity is for participants age 18 and older unless accompanied by an enrolled adult. **Thank you to Idaho River Sports for making this opportunity possible!**

**Location:** Fort Boise Community Center

**Cost:** \$16

Date:	Time:	Activity #:
Wednesday, August 8	9:30 a.m.-2 p.m.	400100-01



## VOLUNTEER SPOTLIGHT – MAY & JUNE

Thank you for volunteering with AdVenture!

Alecia Fox	Bryson Schmitz	Jackie Loutzenheiser	Johanna Schanbacher	Kirsten Robinson	Miranda Fischer	Rutger Vanderlaan
Alex Flores	Candace Holbrook	James Palmer	John Jameson	Kristen Jacobs	Natalie Bartley	Samantha Powers
Alex Barrientos	Dave Barnes	Jeff Sparks	John Paul Moran	Kyme Graziano	Nic Hunt	Skylar Luna
Amanda Hobb	David Hearold	Jenn Backs	Jordan Clausen	Maddie Taylor	Nicole Nebrich	Tom Edgar
Aubrey Wright	DeVante Maltos	Jenna McKenzie	Kari Sandstrom	McKinna Arial	Owen Maynord	Tyler Lookingbill
Bryanne Gribble	Erin Summers	Jim Shaver	Kim Russell	Melodie Poindexter	Randy Geile	



# BOISE PARKS AND RECREATION

# AdVenture

## SEEKER PROGRAMS

Individuals with physical disabilities are welcome to sign up for any programs mentioned in this Newsletter. However, the following 'AdVenture Seeker' programs are designed specifically for people with physical disabilities and their friends/family.



### ADAPTIVE WATERSKIING

This program is designed for individuals with physical disabilities who will use a 'sit ski'. Whether you are learning to ski for the first time or relearning the sport after an accident, this is a great adventure. **For safety reasons participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket; demonstration of this ability may be requested prior to waterskiing.** By volunteer request, this program is for individuals age 14 and older who have physical disabilities. **Please register at least one week prior to the date you wish to ski.**

**Location:** Lucky Peak Reservoir, Barclay Bay boat launch  
**Cost:** \$11

Dates (Wednesdays):	Times:	Activity #:
July 11	4:45-8 p.m.	400250-01
July 18	4:45-8 p.m.	400250-02
July 25	4:45-8 p.m.	400250-03
August 1	4:45-8 p.m.	400250-04



### ADAPTIVE CYCLING

Many adaptive cycling programs and events are available through the AdVenture Program. Please see page 3 for our Adaptive Bike Rides.

### RAFTING THE CABARTON

This rafting trip provides the opportunity for individuals with physical disabilities to take part in a whitewater rafting adventure. Participants can also enroll one friend/family member who does not have a disability. We will spend 2-4 hours running class II and III rapids on the Cabarton section of the Payette River. **For safety reasons, ALL participants must be able to independently roll in the water from a face-down position to their back while wearing a life jacket and have the ability to grasp. Demonstration of this ability may be requested prior to the trip.** All rafting trips are led by our Adapted Recreation Coordinator and include volunteer support, rafting equipment, lunch and transportation from Fort Boise Community Center to the river and back. This rafting trip is specifically designed for individuals who have physical disabilities, please see page 6 for additional Adaptive Rafting Trips. This trip is for participants ages 12 and older, but youth age 12-17 must be accompanied by an adult who also enrolls.

**Location:** Fort Boise Community Center  
**Cost:** \$32

Dates:	Times:	Activity #:
Friday, July 13	9 a.m.-7 p.m.	400230-01



### WILDERNESS WITHIN REACH FLY-IN

This rare opportunity is for youth who have a physical disability that affects their mobility (those who use a wheelchair, walker, AFO braces, etc.) and one adult. We will fly small aircrafts into the Frank Church Wilderness and spend two nights at the remote Root Ranch. Cabins are very accommodating but are not completely ADA accessible. Small planes cannot accommodate power wheelchairs (call 208-608-7681 for specifics). Thanks to the Idaho Aviation Foundation and pilots for making this unique experience possible. At the pilot's request, priority given to youth ages 5-17.

**Location:** Jackson Jet Center

**Cost:** \$41

Date/Time (Tues.-Thurs.):	Activity #:
July 17, 7:30 a.m. to mid-day July 19	400742-01



### WHEELCHAIR RUGBY

This Paralympic Sport is a fun, fast-paced and high contact team sport! Typically played by people with physical disabilities, the wheelchair rugby team loves when people without disabilities join as well! During practice you will learn the rules, develop your skills and scrimmage. Rugby wheelchairs are provided for your use. A drop-in rate of \$5 per day is available or enroll in the session at a discount. Youth under 18 may enroll if accompanied by an adult.

**Location:** Fort Boise Community Center

**Cost:** \$29

Dates:	Times:	Activity #:
Tues., July 10-Aug. 28	6-8:30 p.m.	400706-02

### WHEELCHAIR RUGBY LEAGUE

AdVenture and the Boise Bombers Wheelchair Rugby Team invite you to play in a wheelchair rugby league. All skill levels welcome; you do not need to use a wheelchair to play, rugby wheelchairs are available. Learn how to play this popular wheelchair sport while getting a great upper body workout! This program is for participants ages 15 and older however youth under 18 must be accompanied by an adult.

**Location:** Fort Boise Community Center

**Cost:** \$22

Dates:	Times:	Activity #:
Thurs., July 12-Aug. 16	6-8:30 p.m.	400707-01

## MORE PROGRAMS IN THE TREASURE VALLEY!

### ADAPTIVE SWIMMING WITH AQUABILITY

AquAbility offers swimming clinics for youth and adults with disabilities. Visit [www.aquability.org](http://www.aquability.org) or call Karen at 208-928-6558 to learn more.

### WHEELCHAIR TENNIS

The Idaho Wheelchair Tennis Association offers wheelchair tennis instruction to all levels. Learn more at [www.idahowheelchairtennis.com](http://www.idahowheelchairtennis.com).



**CITY of BOISE**  
 PARKS AND RECREATION  
 DEPARTMENT  
 P.O. Box 500 | Boise, Idaho 83701-0500

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### MISSION STATEMENT

Boise Parks and Recreation's AdVenture program is committed to providing quality sports, recreation and outdoor adventures for people of all abilities. By taking place in the most integrated setting, the AdVenture program shall promote self-confidence, wellness and physical fitness leading to a more independent lifestyle.

## 20TH ANNUAL CURT RECLA MOONLIGHT GOLF TOURNAMENT FUNDRAISER

This popular tournament will take place Friday, September 7 at Warm Springs Golf Course. The tournament starts at 6 p.m. and is a four-person scramble, limited to 15 teams. Participants will play nine holes of golf and then break for a delicious dinner. After dinner, everyone may golf 4-5 holes with glow-in-the-dark golf equipment! The cost is \$70 per person, which includes green fees, cart for the first nine holes, night equipment, and dinner. This unique tournament is a fun evening that you won't want to miss. A silent auction will be held during the tournament with proceeds going towards Boise Parks & Recreation's AdVenture program. Businesses and individuals may sponsor a hole at this tournament for \$100. For more information or to register, please call 208-608-7680.

## DON'T WAIT, REGISTER NOW!

**CALL: 208-608-7680**

In order to provide the best possible service to our participants, we require advance registration on all of our programs. To sign up for any of the programs you see in this newsletter please come in or call the Fort Boise Community Center at **208-608-7680**. You can also sign up anytime online at [parks.cityofboise.org/AdVenture](http://parks.cityofboise.org/AdVenture). Sometimes courses fill up or are canceled because people wait too long to register. Please register early to avoid disappointment!

## IDAHO YOUTH ADAPTIVE SPORTS CAMP

This year marks the 31st year of the Idaho Youth Adaptive Sports camp hosted by Boise Parks & Recreation and St. Luke's Rehabilitation! The 25 athletes who attended had the opportunity to showcase their skills in archery, wheelchair basketball, wheelchair rugby, wheelchair tennis and much more. The camp is successful because of the help and dedication of our volunteers, coaches, support staff and sponsors. **Thank you all so much!**

### VOLUNTEERS

Christina Asla	Tom Governale	Saul Huerta	Haley Mortin	Daniel Robertson	Jake Syverson
Monica Behrend	Aiden Greene	Henry Hunter	Misty Nunes	Geri Scaglione	Autumn Whittaker
Serenity Bianchi	Brittany Heslop	John Inouye	Susie Stertz	Morgan Smith	
Cooper Conger	Caden Heslop	Katie Kneolk	Kayla Oliver-	Jedidiah Snelson	
Jill Cook	Daron Heslop	Aunick Lund	Connelly	Jeff Sparks	
Allison Douglas	Kerry Heslop	Sidney Mitchell	Kaitlin Palmer	Robert Stapley	

### SPONSORS

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