


<b>W E E K L Y</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	10am-12pm Living Well With Diabetes* 9-11am Walk Your Socks Off 1-3pm Bunco 1-4pm Mexican Train 1-5pm Bridge 2-5pm Walk Your Socks Off	10:30-11:30am Longevity Stick 10:30-11:45am Tech Q&A 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-5pm Walk Your Socks Off	10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 1-3pm Acrylics Social Group 1-5pm Canasta 2-3pm Tai Chi & Qigong Int.* 3-4pm Tai Chi & Qigong Beg.*	10-11am BINGO 10-11:30am Chat-n-Chew 11am-3pm Rummikub 11:30am-12:30pm Drumming Divas 1-5pm Bridge	9-11am Walk Your Socks Off 10am-2pm Pinochle 10am-2pm Tech Help Drop-in 1-2pm Fit and Fall Proof 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off

 **February, 2025** 

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3</b> 10:30-11:45am Tech Lecture: Intro to Tele-Medicine	<b>4</b> 9:30am-2pm Snowshoe* 12-12:45pm Adopt-a-Student*	<b>5</b> 12-12:30pm Pop-Up Library	<b>6</b>	<b>7</b> 9am-4pm AARP Driver Safety* 11:30am Senior Goldmine Visit
<b>10</b> 9am-2pm Nail & Foot Care of Boise with Sandy* - call to schedule appointment (208-747-5797) 10:30-11:45am Tech Lecture: Google Maps Exploration	<b>11</b> 8:40am-5:15pm Elk Herd Sleigh Ride* 11am-12pm Housing 101 w/ Paige Doyle	<b>12</b> 11am-12pm Welcome Tour* 11am-2pm Legal Counsel*	<b>13</b> 9:30am-12pm BONUS: IDPTV* 11:50am-12:20pm Origami: Heart & Camellia* 12:30-2:30pm Paper Crafts: Valentine Box*	<b>14</b> 10-11:30am Widow/Widower Support 11-11:45am Meditation* 12p Birthday Friday
<b>17</b> <b>CLOSED FOR PRESIDENTS' DAY</b>	<b>18</b> 12-12:45pm Adopt-a-Student* 1-4:30pm Idaho Supreme Court* 1-5pm Bridge	<b>19</b> No Tai Chi & Qigong	<b>20</b> 9:30am-5pm Miracle Hot Springs*	<b>21</b> 10:30am-12pm In the Moment Improv Theater* 12-12:30pm Hunger Relief Task Force 12:30-4:30pm Winery: 3100 Cellars*
<b>24</b> 9am-2pm Nail & Foot Care of Boise with Sandy* - call to schedule appointment (208-747-5797) 10:30-11:45am Tech Lecture: Digital Legacy Planning 11am-12pm Book Club*	<b>25</b>	<b>26</b>	<b>27</b> 11am-12pm Blood Pressure Clinic 11am-12:30pm Pet Therapy Visit 1-3pm Free Movie Day*	<b>28</b> 10-11:30am Widow/Widower Support 11am-5pm Idaho City Hot Springs*
		Billiards Room is open 9am-5pm, Monday-Friday		

**Dick Eardley Boise Senior Center**

690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm

**Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm**

\* Registration required. Call to sign up and for information on any related costs. 208-608-7580