


Weekly

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9-11am Walk Your Socks Off 1-4pm Mexican Train 1-5pm Bridge 2-5pm Walk Your Socks Off	9-11am Walk Your Socks Off 10:30-11:30am Longevity Stick 10:30-11:45am Tech LEARNers* 1-2pm Fit and Fall Proof 1-4pm Euchre 1-4pm Mahjong 2-5pm Walk Your Socks Off	10am-12pm Teddy Bear Factory 10am-12pm Cribbage 10am-12pm Happy Hookers Knit & Crochet 10:30-11:30am Gentle Yoga* 12:15pm Trivia with Don (5/8-29) 1-3pm Acrylics Social Group 1-5pm Canasta 2-3pm Tai Chi & Qigong Int* 3-4pm Tai Chi & Qigong Beg* (Tai Chi 5/1-5/15)	10-11am BINGO 10-11:30am Chat-n-Chew 11a-3pm Rummikub 11:30a-12:30p Drumming Divas 1-5pm Bridge	9-11am Walk Your Socks Off 10am-2pm Pinochle 1-2pm Fit and Fall Proof 2-3pm Recreating Memories* (5/3-5/17) 2-5pm Intro to Pinochle 2-5pm Walk Your Socks Off



May, 2024



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	 Billiards Room* is open 9am-5pm Monday-Friday.	1 12pm Lunch & Learn: Clean Energy, Efficiency & Incentives	2 10:30-11:45am Tech Lecture: Finding Info Online*	3 10am-3pm Red Cross Blood Drive* 10:30am-12pm Story Story Night Writing Workshop* 11:30am Senior Goldmine Visit
6 9am-2pm Foot Clinic (Blue Bird, Call 208-336-9898 for appt.)* 9am-4pm AARP Driver Safety 10:30-11:45am Tech Lecture: Staying Safe Online*	7 10am-12pm Lucky Peak Dam Testing* 10:30am-12pm Creative Journaling* 1:30-4:30pm Ferry Museum*	8 11am-12pm Welcome Tour* 12-12:30pm Pop-Up Library 1-3pm Bocce*	9 11am-12:30pm Blood Pressure Clinic 1-3pm Paper Craft: Photo Frame Cards*	10 10-11:30am Widow/Widower Support 11:15-11:45am Seated Meditation* 12pm Mother's Day Lunch & Birthday Friday
13 10:30-11:45am Tech Lecture: How to Use YouTube*	14 8:30am-5pm Evans Cheese* 11am-12pm Housing 101 11am-1pm Legal Counsel* 12pm Boise Cascade "Serve Our Seniors"	15 10-11am Collette Travel Presentation*	16 9-11:30am Idaho Botanical Garden* 10am Mike Fritz: "What to See & Where to Go in Idaho"	17 9am-2pm Craft Supply & Fabric Sale 11am-12pm Food for Life: Brain Health 12pm Lunch & Learn: In-Home Services 2-5:30pm Dude DeWalt Winery* 18 9:15am-2pm Public Art Tour*
20 9am-4pm AARP Driver Safety 10:30-11:45am Tech Lecture: What is A.I.?* 11am-12pm Book Club*	21 8am-8pm ELECTION DAY 10:30am-12pm Creative Journaling*	22 1-3pm Bocce*	23 11am-12:30pm Blood Pressure Clinic 11am-2pm Macks Creek* 12pm Lunch & Learn: Homesharing	24 10-11:30am Widow/Widower Support
27 Closed for Memorial Day 	28 11am-1pm Legal Counsel* 1-5pm Bridge	29	30 9:30-10:30am Tai Chi & Qigong Int* 9:30-11:30am Fire Station Tour* 10:30-11:30am Tai Chi & Qigong Beg* 11am-12:30pm Pet Therapy Visit	31

Dick Eardley Boise Senior Center
 690 Robbins Rd., Boise, ID 83702 | 208-608-7580 | seniorcenter.cityofboise.org | Monday-Friday 9am-5pm
Thrift Store & Craft Boutique Hours: Monday-Friday 10am-2pm

* Registration required. Call to sign up and for information on any related costs. 208-608-7580.

