




MEALS on WHEELS
METRO BOISE

December 2024 Menu

(Substitutions may be necessary without advanced notice.)

Contact:
(208) 321-0031
www.MetroMealsonWheels.net

MON	TUE	WED	THU	FRI
2 Polish Sausage with Sauerkraut Baked Beans Mixed Vegetables Pears Whole Wheat Bun / Milk	3 Roast Pork with Mushroom Gravy Scalloped Potatoes Peas & Onions Applesauce Baci Roll / Milk	4 Chicken Parmesan Pasta  Snap Peas Carrots Tropical Fruit Breadstick / Milk	5 Beef Stew Corn Green Salad Spiced Apples Cornbread Milk	6 Herb Salmon over Rice Pilaf Baby Carrots Green Beans Peaches Whole Wheat Roll / Milk
9 Salisbury Steak with Brown Gravy Mashed Potatoes Chateau Vegetables Pineapple Whole Wheat Roll / Milk	10 BBQ Chicken on Whole Wheat Bun Potato Wedges Catalina Vegetables Banana Milk	11 Sweet & Sour Pork over Brown Rice California Vegetables Coleslaw Peaches Whole Wheat Roll / Milk	12 Beans & Ham Roasted Potatoes Brussels Sprouts Fresh Apple Cornbread Milk	13 Cheese Topped Fish over Rice Pilaf Green Beans Green Salad Spiced Pears Whole Wheat Roll / Milk
16 Breaded Chicken with Country Gravy Mashed Potatoes Dill Carrots Peaches 9-Grain Bread Milk	17 Vegetarian Spaghetti Cauliflower Snap Peas Green Salad French Bread Milk	18 Mushroom Swiss Burger Roasted Potatoes Winter Vegetables Banana Whole Wheat Bun Milk	19 CHRISTMAS MEAL Baked Ham with Cumberland Sauce Cheesy Potatoes Mixed Vegetables Citrus Salad Holiday Dessert Dinner Roll / Milk	20 Chicken Florentine Pasta Italian Vegetables Beets Fruit Cup 9-Grain Bread / Milk <u>Kuna, Star & Marsing Christmas Meal</u>
23 BBQ Chicken Wings Baked Beans Corn Pineapple Whole Wheat Roll Milk	 CHRISTMAS HOLIDAY NO MEALS SERVED	 CHRISTMAS HOLIDAY NO MEALS SERVED	26 Swedish Meatballs over Rice Stewed Tomatoes Baby Carrots Fruit Cup Whole Wheat Roll / Milk	27 Stuffed Chicken with Cheese Sauce Roasted Potatoes Broccoli Applesauce Whole Wheat Roll / Milk
30 Lemon Herb Fish over Rice Pilaf Dill Carrots Peas Mandarin Oranges Whole Wheat Roll Milk	31 Roast Beef / Gravy Mashed Potatoes Beets Green Salad 9-Grain Bread Milk	1 HAPPY NEW YEAR! CLOSED No Meals Served or Delivered		