






MEALS on WHEELS
METRO BOISE

February 2025 Menu

(Substitutions may be necessary without advanced notice.)

Contact:
(208) 321-0031
www.MetroMealsonWheels.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Philly Beef Sandwich on Hoagie Roll Potato Wedges Italian Blend Veggies Fresh Orange Milk	4 Swiss Steak Sweet Potatoes Key West Veggies Green Salad Baci Roll / Milk	5 Breaded Chicken with Country Gravy Mashed Potatoes Dill Carrots Pears 9-Grain Bread / Milk	6 Vegetarian Penne California Veggies 3-Bean Salad Peaches 9-Grain Bread / Milk	7 BBQ Chicken Wings Baked Beans Capri Veggies Pineapple Hawaiian Roll / Milk
10 Baked Ham with Pineapple Baby Potatoes Mixed Veggies Fresh Apple 9-Grain Bread / Milk	11 Cheesy Taco Pasta Chuckwagon Corn Green Salad / Spiced Apples Cornbread / Milk 	12 Herb Crusted Salmon over Rice Pilaf Carrots / Green Beans Peaches Tartar Sauce Whole Wheat Roll / Milk	13 BBQ Beef on Whole Wheat Bun Potato Wedges Catalina Veggies Banana Milk	14  Stuffed Chicken with Cheese Sauce Roasted Potatoes Broccoli Applesauce Whole Wheat Roll / Milk
17 PRESIDENT'S DAY CLOSED NO MEALS SERVED OR DELIVERED 	18 Roast Pork with Mushroom Gravy Au Gratin Potatoes Peas & Onions Applesauce Baci Roll / Milk	19 Chicken Florentine Pasta Chateau Veggies Spinach Salad Peaches French Bread / Milk	20 Swedish Meatballs over Bowtie Pasta Peas / Green Salad Spiced Apples Whole Wheat Roll / Milk	21 Roast Beef with Gravy Mashed Potatoes Peas Banana 9-Grain Bread / Milk
24 Beans & Ham Roasted Potatoes Brussel Sprouts Fresh Apple Cornbread w/ Honey / Milk	25 Lemon Herb Fish over Rice Pilaf Dill Carrots / Peas Coleslaw Tartar Sauce Whole Wheat Roll / Milk	26 Sherry Mushroom Chicken over Buttered Pasta Catalina Veggies Cauliflower Mandarins Whole Wheat Roll / Milk	27 Baked Potato with Chili & Cheese Corn / Broccoli Sour Cream 9-Grain Bread / Milk	28 Spaghetti with Meat Sauce Cauliflower Snap Peas Banana French Bread / Milk